



Breastfeeding Support Groups

Looking to connect with other new moms who are breastfeeding, pumping or trying to provide breast milk for their babies? IU Health North has support options for you!

In-Person Support Group

IU Health North Hospital
11700 N. Meridian Street
Carmel, IN 46032
Wednesdays from 2-3pm
RSVP: 317.688.2680

Virtual Support Group

Thursdays from 10-11:15am
RSVP: Email
eharkess@iuhealth.org or call
317.688.2465 to receive the link



Indiana University Health