

# Finding primary care for your new baby



Choosing a primary care provider for your baby is one of the biggest decisions you'll make. Your child's provider serves as your partner in managing your child's health and wellness as they grow. You should begin searching for your new baby's doctor when you are between 24 and 32 weeks into your pregnancy.

Consider the following tips when choosing a doctor for your baby:

- Finding an office location close to you can be important. There are questions that you can ask the office staff to ensure the location is right for you:
  - What are the office hours, including evenings and weekends?
  - How does the office handle after-hours or weekend emergencies?
  - If I can't get an appointment with my child's own provider, who will my child see?
  - How does the office handle billing?
- You can learn more about providers by reviewing online provider profiles or scheduling a meet-and-greet appointment. Consider the following when looking at which provider might be a good match for you and your family:
  - Are they board certified?
  - What is their pediatric background?
  - Do they have office hours for sick and well visits?
  - Which insurance companies does the provider work with?
- After you've done your research, ask yourself the following questions. If you can answer "yes," then you've found your doctor.
  - Do I feel comfortable with this doctor?
  - Did they listen to me, and answer all my questions?
  - Do I trust this person?

## Get-To-Know-You Visits

Meeting a provider before your baby is born is not required. If you would like to meet with a provider beforehand, some providers offer meet-and-greet appointments called Get-To-Know-You Visits. These free visits allow you to meet one on one with a provider to determine whether they are a good match for you and your family. Call your preferred office location to see which providers are offering these visits and give yourself enough time to schedule before your baby is born.



To learn about Riley Children's Health pediatricians and primary care office locations, visit [rileychildrens.org/prepareforbaby](https://rileychildrens.org/prepareforbaby) or scan the QR code.



**Riley Children's Health**  
Indiana University Health